

IMC Mental Health EBP Reporting for Behavioral Health Providers

What are Evidence-Based Practice (EBP) codes?

EBP codes are specially designated identifiers on a claim or encounter that are used to report specific research- or evidence-based practices for children’s public mental health care provided by licensed or certified mental health providers to **children and youth under 18** in Washington State. It is a requirement in the Integrated Managed Care (IMC) regions of the state that encounter submissions from managed care organizations (MCOs) contain the appropriate EBP code when applicable.

How should I document EBPs ?

Mental health providers are able to report eligible EBPs after (1) receiving an interactive training by an approved training entity, and (2) documenting their use of EBPs in treatment plans and progress notes. Guidance on how to correctly document the use of EBPs is outlined in the [Reporting Guide for Evidence-based Practices](#) (updated annually).

How are these codes reported?

The EBP number must be reported as a nine-digit number beginning with ‘860’. The next three digits must represent the appropriate EBP code as outlined in the [Reporting Guide for Evidence-based Practices](#). The last three digits must be reported as ‘000’.

Example: 860XXX000 with XXX representing the three-digit EBP code.

Report one EBP code per encounter in the 2300 REF02 Prior Authorization field of the 837 data file submission.

- The REF01 field contains the ‘G1’ qualifier (i.e., prior authorization).
- The REF02 field should contain the nine-digit EBP code.

EBP Eligible Service Encounters Quick List

Adapted from Evidence-Based Practices Reporting Guide

| Description | Encounter Code |
|--|----------------|
| Psychotherapy, 30 minutes with patient and/or family member | 90832 |
| Psychotherapy, 45 minutes with patient and/or family member | 90834 |
| Psychotherapy, 60 minutes with patient and/or family member | 90837 |
| Family psychotherapy without patient present | 90846 |
| Family psychotherapy (conjoint psychotherapy) with patient present | 90847 |
| Multiple-family group psychotherapy | 90849 |
| Group psychotherapy (other than of a multiple-family group) | 90853 |
| Psychotherapy, 30 minutes with patient and/or family member when performed with an evaluation and management service | 90833 |
| Psychotherapy, 45 minutes with patient and/or family member when performed with an evaluation and management service | 90836 |
| Psychotherapy, 60 minutes with patient and/or family member when performed with an evaluation and management service | 90838 |

EBP Codes Quick List

Adapted from Evidence-Based Practices Reporting Guide

| ADHD | | |
|---|---|-------------|
| <i>Treatment Category</i> | <i>Specific Treatment and Approved Training Entities</i> | <i>Code</i> |
| Parent Behavioral Therapy (PBT) with or without child | Barkley Model | 860003000 |
| | Child Life and Attention Skills (CLAS) | 860200000 |
| | Coaching Our Acting-Out Children: Heightening Essential Skills (COACHES) | 860201000 |
| | Incredible Years | 860073000 |
| | New Forest Parenting Program (NFPP) | 860181000 |
| | Strategies to Enhance Positive Parenting (STEPP) | 860202000 |
| | Child Life and Attention Skills (CLAS) | 860300000 |
| | Plan My Life (PML) | 860301000 |
| | Harborview CBT+ Learning Collaborative | 860148000 |
| | University of Washington Certificate in EBP in Children's Behavioral Health | 860148000 |
| | University of Washington MA in Applied Child and Adolescent Psychology | 860148000 |
| Uncategorized Programs | Multimodal Therapy (MMT) for children with ADHD | 860091000 |
| | Neurofeedback Training | 860206000 |
| | Organizational Skills Training (OST) | 860207000 |
| | Supporting Teens' Academic Needs Daily (STAND) | 860302000 |
| ANXIETY | | |
| <i>Treatment Category</i> | <i>Specific Treatments and Approved Training Entities</i> | <i>Code</i> |
| Cognitive Behavioral Therapy (CBT) for anxiety, OCD and related disorders | Acceptance and Commitment Therapy (ACT) for children with anxiety | 860151000 |
| | Cool Kids | 860032000 |
| | Coping Cat | 860035000 |
| | Coping Cat/Koala book-based model | 860157000 |
| | Coping Koala | 860158000 |
| | Parent cognitive behavioral therapy (CBT) for children with anxiety | 860187000 |
| | Modularized Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC) | 860085000 |
| | The CALM Program | 860312000 |
| | Being Brave | 860313000 |
| | Integrated behavior therapy for selective mutism | 860314000 |
| | Take Action Program | 860315000 |
| | Confident Kids | 860316000 |
| | Timid to Tiger | 860317000 |
| | Turtle Program | 860318000 |
| | Taming Sneaky Fears | 860319000 |
| | Get Lost Mr. Scary Programme | 860320000 |
| | FRIENDS Program | 860321000 |
| | Effective Child Therapy/Society of Clinical Child and Adolescent Psychology | 860151000 |
| | Harborview CBT+ Learning Collaborative | 860151000 |
| | Managing and Adapting Practice (MAP) | 860151000 |
| | The Reach Institute (CATIE trainings) | 860151000 |
| | University of Washington MA in Applied Child and Adolescent Psychology | 860151000 |
| University of Washington Certificate in EBP in Children's Behavioral Health | 860151000 | |
| Exposure-Response Prevention (ERP) for youth with obsessive-compulsive disorder | 860311000 | |
| Seattle Children's OCD-Intensive Outpatient Program (OCD-IOP) | 860311000 | |

EBP Codes Quick List (continued)

| DEPRESSION (age 7-13) | | |
|--|---|-------------|
| <i>Treatment Category</i> | <i>Specific Treatment and Approved Training Entities</i> | <i>Code</i> |
| Cognitive Behavioral Therapy (CBT) for depression | Modularized Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC) | 860085000 |
| | Primary and Secondary Control Enhancement Training (PASCET) | 860209000 |
| | Managing and Adapting Practice (MAP) | 860153000 |
| | Harborview CBT+ Learning Collaborative | 860153000 |
| | University of Washington MA in Applied Child and Adolescent Psychology | 860153000 |
| | University of Washington Certificate in EBP in Children's Behavioral Health | 860153000 |
| | Effective Child Therapy/Society of Clinical Child and Adolescent Psychology | 860153000 |
| | The Reach Institute (CATIE trainings) | 860153000 |
| DEPRESSION (age 14-24) | | |
| <i>Treatment Category</i> | <i>Specific Treatment and Approved Training Entities</i> | <i>Code</i> |
| Cognitive Behavioral Therapy (CBT) for depression | Acceptance and Commitment Therapy (ACT) for children with depression | 860153000 |
| | Coping With Depression – Adolescents | 860159000 |
| | Modularized Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC) | 860085000 |
| | Primary and Secondary Control Enhancement Training (PASCET) | 860209000 |
| | Effective Child Therapy/Society of Clinical Child and Adolescent Psychology | 860153000 |
| | Harborview CBT+ Learning Collaborative | 860153000 |
| | The Reach Institute (CATIE trainings) | 860153000 |
| | University of Washington MA in Applied Child and Adolescent Psychology | 860153000 |
| University of Washington Certificate in EBP in Children's Behavioral Health | 860153000 | |
| Interpersonal Psychotherapy (IPT) | Individual-based IPT (12 sessions) | 860210000 |
| | Interpersonal Psychotherapy-Adolescent Skills Training (IPT-AST) | 860211000 |
| Uncategorized Programs | Attachment-Based Family Therapy | 860212000 |
| | Blues Program | 860149000 |
| DISRUPTIVE BEHAVIOR (OPPOSITIONAL DEFIANT DISORDER OR CONDUCT DISORDER) | | |
| <i>Treatment Category</i> | <i>Specific Treatment and Approved Training Entities</i> | <i>Code</i> |
| Parent Behavioral Therapy (PBT) with or without child | Brief PMTO | 860188000 |
| | Communication Method Program (COMET) | 860148000 |
| | Coping Power Program | 860148000 |
| | Enhanced Behavioral Family Intervention | 860213000 |
| | First Step to Success | 860215000 |
| | Incredible Years Basic | 860073000 |
| | Incredible Years: Parent training + Child training | 860076000 |
| | Oregon Social Learning Program (OSLO) | 860148000 |
| | Parent Management Training Oregon (PMTO) | 860188000 |
| | Parent Management Training (PMT) | 860188000 |
| | Parent-Child Interaction Therapy (PCIT) | 860186000 |
| | Social Learning Parent Training (Hanf model) | 860214000 |
| | Stop Now and Plan (SNAP) | 860148000 |
| | Triple-P Positive Parenting Program: Level 4, Group | 860139000 |
| | Triple-P Positive Parenting Program: Level 4, Individual | 860140000 |
| Triple P Precursor | 860140000 | |

EBP Codes Quick List (continued)

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|---|---|-------------|
| | Tuning Into Kids | 860148000 |
| | Child Parent Relationship Therapy | 860148000 |
| | Multimodal therapy (MMT) for children with disruptive behavior | 860330000 |
| | Helping the Noncompliant Child | 860171000 |
| | Harborview CBT+ Learning Collaborative | 860148000 |
| | Managing and Adapting Practice (MAP) | 860148000 |
| | Research Units in Behavioral Intervention (RUBI) | 860148000 |
| | STAY | 860148000 |
| | The Reach Institute (CATIE trainings) | 860148000 |
| | University of Washington MA in Applied Child and Adolescent Psychology | 860148000 |
| | University of Washington Certificate in EBP in Children's Behavioral Health | 860148000 |
| Child Behavioral Therapy (Individual) | Problem Solving Skills Training | 860216000 |
| Uncategorized Programs | Brief Strategic Family Therapy (BSFT) | 860010000 |
| | Modularized Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC) | 860085000 |
| | Adlerian Play Therapy | 860217000 |
| | Group Activity Play Therapy | 860218000 |
| SELF-HARM/SUICIDE | | |
| <i>Treatment Category</i> | <i>Specific Treatment and Approved Training Entities</i> | <i>Code</i> |
| | Collaborative Assessment and Management of Suicidality (CAMS) | 860220000 |
| | Dialectical Behavior Therapy (DBT) for adolescent self-harming behavior | 860160000 |
| | Multisystemic Therapy (MST) for youth with serious emotional disturbance (SED) | 860180000 |
| EATING DISORDERS | | |
| <i>Treatment Category</i> | <i>Specific Treatment and Approved Training Entities</i> | <i>Code</i> |
| | Family-Based Treatment (FBT) for Eating Disorders | 860221000 |
| | Seattle Children's Eating Disorder Clinic | 860221000 |
| PSYCHOTIC DISORDERS | | |
| <i>Treatment Category</i> | <i>Specific Treatment and Approved Training Entities</i> | <i>Code</i> |
| | Cognitive Behavioral Therapy in Prodromal/Early Episode Psychosis | 860240000 |
| | Individual Placement and Support for first episode psychosis | 860241000 |
| TRAUMA | | |
| <i>Treatment Category</i> | <i>Specific Treatment and Approved Training Entities</i> | <i>Code</i> |
| Cognitive Behavioral Therapy (CBT) for Trauma | Classroom-based intervention for war-exposed children | 860013000 |
| | Cognitive Behavioral Intervention for Trauma in Schools (CBITS) | 860016000 |
| | Enhancing Resiliency Among Students Experiencing Stress (ERASE-Stress) | 860162000 |
| | Narrative Exposure Therapy (KID-NET) | 860079000 |
| | Prolonged Exposure for Adolescents (PE-A) | 860223000 |
| | Risk Reduction through Family Therapy (RRFT) | 860224000 |
| | Support for Students Exposed to Trauma (SSET) | 860225000 |
| | Teaching Recovery Techniques (TRT) | 860155000 |
| | Trauma Focused CBT | 860136000 |
| | Trauma Grief Component Therapy | 860137000 |
| | Modularized Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC) | 860085000 |

EBP Codes Quick List (continued)

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|-----------------------------|---|-------------|
| | Kids Club & Moms Empowerment | 860340000 |
| | Harborview CBT+ Learning Collaborative | 860155000 |
| | Managing and Adapting Practice (MAP) | 860155000 |
| | The Reach Institute (CATIE trainings) | 860155000 |
| | University of Washington MA in Applied Child and Adolescent Psychology | 860155000 |
| | University of Washington Certificate in EBP in Children's Behavioral Health | 860155000 |
| Uncategorized Programs | Eye Movement Desensitization and Reprocessing (EMDR) | 860043000 |
| | Group Mind-Body Skills | 860222000 |
| | Trauma Affect Regulation: Guide for Education and Therapy (TARGET) | 860226000 |
| INFANT MENTAL HEALTH | | |
| <i>Treatment Category</i> | <i>Specific Treatment and Approved Training Entities</i> | <i>Code</i> |
| | Child-Parent Psychotherapy (CPP) | 860350000 |
| | Infant-Parent Psychotherapy (IPP) | 860351000 |
| | Promoting First Relationships (PFR) | 860352000 |
| | Attachment and Biobehavioral Catch-up (ABC) | 860353000 |
| | National Child Traumatic Stress Network Learning Collaboratives | 860354000 |

Where can I find more information about how to report EBPs?

For more information on EBP reporting, please follow the links to the websites of the [Evidence Based Practice Institute](#) at the University of Washington or the [Washington State Healthcare Authority](#).

If you have any questions or need assistance, please email the Evidence Based Practice Institute at ebpi2536@uw.edu.

IMC Mental Health EBP Reporting for Physical Health Providers

There is also an HCA Mental Health guide for physical health providers with a separate set of codes.

Evidence-based medicine, evidence-based practice, research-based practice, and evidence-based health care (collectively “EBPs”) include programs such as cognitive behavioral therapy (CBT) and the Positive Parenting Program (Triple P). Agencies are required by law to collect data on EBPs in Washington State. Physical health providers who deliver these services to **clients under age 21** should include the appropriate EPA number from the following table when billing for EBP.

[HCA Provider Billing Guides and Fee Schedules](#) – Review the “Mental Health Services” section of the HCA Billing Guides.